

## **What is an Education, Health and Care plan?**

An **Education, Health and Care plan (EHC plan)** describes your child's special educational needs (SEN) and the help they will get to meet them. An EHC plan also includes any health and care provision that is needed. It is a legal document written by the local authority and is intended to ensure that children and young people with an EHC plan receive the support they need.

EHC plans are for children and young people who need more support than their school or other setting can provide. The plans can start from a child's birth and continue into further education and training.

The [SEND Code of Practice](#) (9.2) says:

The purpose of an EHC plan is to make special educational provision to meet the special educational needs of the child or young person, to secure the best possible outcomes for them across education, health and social care and, as they get older, prepare them for adulthood.

## **Who needs an EHC plan?**

EHC plans are for children and young people who have a special educational need or disability that cannot be met by the support that is available at their school or college.

Most children and young people with special educational needs will have help given to them without the need for an EHC Plan. This is called **SEN support**.

Our [SEN Support in Mainstream Schools Factsheet](#) gives more information about this.

The purpose of SEN support is to help children achieve the **outcomes** or learning objectives that have been set for them.

Some children and young people may not make the progress expected of them even with this help. When this happens, the Local Authority carry out an **EHC needs assessment**. A few children and young people have such significant difficulties that an EHC needs assessment should not be delayed.

Our [EHC Needs Assessment Factsheet](#) gives more information about this.

You or your child's school can ask the local authority to make an EHC needs assessment. When this assessment is finished the local authority must decide whether to issue an EHC plan.

Our [Requesting an EHC Needs Assessment Factsheet](#) gives more information about this.

You can also find more information about EHC needs assessments and how to ask for one in Milton Keynes Council's [Local Offer](#).

## What does an EHC plan include?

The **SEND Code of Practice** says that EHC plans should:

- be based on decisions made openly, and with parents, children and young people
- describe what the child or young person **can** do
- be clear, concise, understandable and accessible
- consider how best to achieve the outcomes for the child or young person. They **must** take into account the evidence from the EHC needs assessment
- specify clear outcomes
- consider alternative ways of providing support if a parent or young person wishes it. This could include having a **Personal Budget**
- show how education, health and care provision will be co-ordinated
- be forward looking – for example, anticipating, planning and commissioning for important transition points in a child or young person's life
- describe how informal support as well as formal support from statutory agencies can help in achieving agreed outcomes
- have a review date.

There is a full list of principles and requirements in the **SEND Code of Practice** section 9.61.

Every EHC plan **must** include at least 12 sections, but each local authority can decide how to set these out.

The sections are:

- A:** The **views, interests and aspirations** of you and your child or the young person.
- B:** Your child's or young person's **special educational needs**.
- C:** **Health needs** related to their SEN or to a disability.
- D:** **Social care needs** related to their SEN or to a disability.
- E:** Planned **outcomes** for your child or the young person.
- F:** **Special educational provision**. Provision **must** be specified for each and every need shown in section B.
- G:** Any **health provision** required that is related to their SEN or to a disability.
- H1:** Any **social care provision** that **must** be made for your child or young person under 18.

**H2:** Any **other social care provision** required that is related to their SEN or to a disability.

**I:** The **name and type of the school, maintained nursery school, post-16 institution or other institution** to be attended.

**J:** Details of how any **personal budget** will support particular outcomes and the provision it will be used for.

**K:** The **advice and information gathered during the EHC needs assessment**

Where the child or young person is **in or beyond year 9**, the EHC plan must also include the provision required by your child or young person to help **prepare for adulthood and independent living**.

You can read the full list of what must be included in each section in the **SEND Code of Practice** sections 9.62 and 9.63.

IPSEA provide a [detailed checklist](#) covering each of these sections.

### Can I request a particular school?

The law says that parents or the young person has a **right to request** that a particular school, college or other institution is named in the EHC plan. The Local Authority **must** agree to this request **unless**:

- it would be unsuitable for the age, ability, aptitude or SEN of the child or young person, or
- the attendance of the child or young person there would be incompatible with the efficient education of others, or the efficient use of resources

You can find out more about your rights to request a particular school or college in the **SEND Code of Practice** sections 9.78 to 9.90.

### How will I be involved?

The **SEND Code of Practice** (9.21) says:

Local authorities **must** consult the child and the child's parent or the young person throughout the process of assessment and production of an EHC plan.

Your views, and your child's views, are really important. The local authority, school or college should help you take part and involve you in decision making. If you would like help to do this, please contact **MK SENDIAS** for impartial advice and support. We can also give you information on other sources of help, and on what to do if you do not feel that you have been heard or listened to.

Our [Parental Contribution to the EHC Needs Assessment Request and Section A of the EHCP Factsheet](#) gives more information about this.

## Will there be a review of the EHC plan?

The local authority **must** review the EHC plan at least once every 12 months.

The **SEND Code of Practice** (9.168) says that:

Reviews must be undertaken in partnership with the child and their parent or the young person, and must take account of their views, wishes and feelings, including their right to request a Personal Budget.

The local authority **must** decide whether to keep the plan as it is, make changes, or cease to maintain it within four weeks of the review meeting.

You have a **right of appeal** if the local authority proposes to cease the EHC plan or you are not happy with the changes made to it.

Our [Appeals Factsheet](#) gives more information about this.

For some young people an EHC plan will continue until they are 25. However, the plan will stop if the young person:

- goes to university
- gets a job
- tells their local authority they no longer want their EHC plan, or
- no longer needs special help and the local authority decides that the EHC plan should cease.

Our [Annual Reviews Factsheet](#) gives more information about this.

## Where does the funding come from?

The local authority is responsible for ensuring that the special educational needs set out in the EHC plan are met and that the special educational provision is made, whatever their funding arrangements or agreements with other service providers.

All young people with an EHC plan and all parents of children with an EHC plan can ask for a **Personal Budget**.

The **SEND Code of Practice** (9.95) says:

A Personal Budget is an amount of money identified by the local authority to deliver provision set out in an EHC plan where the parent or young person is involved in securing that provision.

Sections 9.110 to 9.118 of the **SEND Code of Practice** tell you more about what can be included in a Personal Budget.

Our [Personal Budgets Factsheet](#) provides more information on local funding arrangements and on Personal Budgets, including **Direct Payments**.

You may also wish to see our [SEN Funding in Mainstream Schools Factsheet](#).

### **What can I do if I am not happy about the EHC plan?**

The first step is to contact the school, college or local authority to discuss your concerns.

**MK SENDIAS** can give you impartial advice and support and explain your options. This may include independent disagreement resolution, mediation or going to appeal.

Our [What if I Do Not Agree? Factsheet](#) gives more information about this.

### **What happens if I move to another local authority area?**

If you plan to move to another local authority area you should contact the 'old' and the 'new' local authorities so the support specified in the EHC plan will be in place. The 'new' authority will amend the plan and name the new school or college.

The 'old' local authority must transfer the EHC plan on the day of the move, as long as it has had 15 working days' notice.

### **Where can I get more information, advice or support?**

[Council for Disabled Children](#) and [Contact](#) provide information and animations on "What is an Education Health and Care Plan?"

You can read about Education, Health and Care plans in Chapter 9 of the [SEND Code of Practice](#).

The [Local Offer](#) tells you about the local arrangements for special educational provision, including EHC plans.

**MK SENDIAS** offers:

- information, advice and support to explain the process and to help you take part in EHC plan needs assessments
- advice and support about EHC plans
- information, advice and support to help you take part in reviews of EHC plans
- support to help you find out more about the funding and provision for SEND made for your child
- information, advice and support about Personal Budgets if your child has an Education, Health and Care Plan

- information about other organisations, support groups and information services that may be of help
- information, advice and support about your rights to make a complaint, seek independent **disagreement resolution** or **mediation** and appeal to the **SEND Tribunal**.

**Milton Keynes Special Educational Needs & Disability Information, Advice & Support Service (MK SENDIAS) can give you:**

- Information about SEND support, including information about SEND funding
- Advice about what to do if you are not happy with the support your school is providing
- Support to prepare for school meetings and Annual Reviews.
- Information and advice about your rights to request an EHC needs assessment and support with the process
- Help to navigate Appeals and Complaints procedures
- Information about other organisations, support groups and information services that could help

**You can contact us:**

- By completing a [referral form](#)
- Via our [website](#) for lots of useful information and factsheets
- To discuss your concerns by **phone** on 01908 254518
- By [email](#), briefly outlining your concerns
- On [Facebook](#)