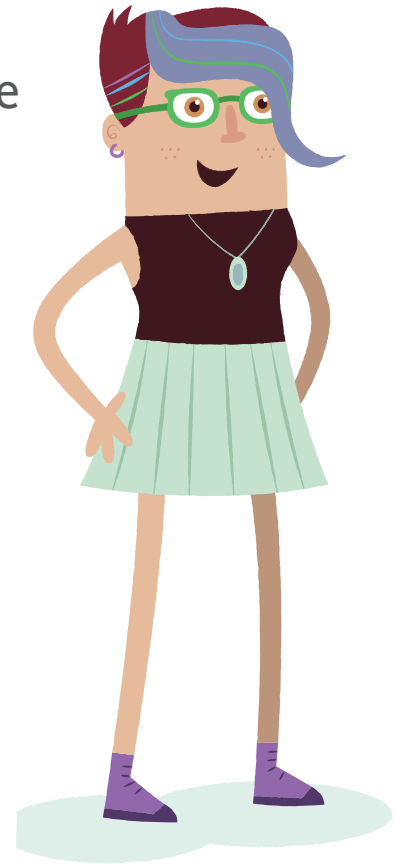


# How to share your views for your annual review

If you have an Education, Health and Care plan (sometimes called an EHCP) then once a year the Local Authority will hold an annual review of your support.

**The people who should be invited to your annual review include:**

- You
- Your parents or guardians
- Your head teacher
- Your SENCo
- People from the Local Authority
- Any professionals who work with you



**You should be asked to give your views for your annual review. You may want to attend your annual review meeting, or you can note down your thoughts for someone to share for you.**

# Here are some **top tips** for sharing your views for your annual review



## Perhaps you could:

- Write a list of what you like and dislike about your support
- Draw some pictures to show how you are feeling
- Create a collage from photos and magazine pictures
- Make a short vlog sharing your thoughts
- Speak to an adult you trust who can share your experiences at the meeting
- You can also use the Thoughts Template in this booklet



**DO** remember that you can give your views in any way that you feel comfortable.

**DO** remember that these are YOUR views, everyone else will get a chance to share their views as well.

**DO** remember that you can ask someone to help you write your views.

**DO** share anything that is going well.

**DO** share anything that is not going well.

**DO** share any goals and ambitions you have for the future.



**DON'T** let anyone stop you from sharing your views, you have a right to be involved in your annual review.

If you would like some free independent advice and support you can contact your local Information, Advice and Support service.

**You can find your local service here:**

**<https://cyp.iassnetwork.org.uk/in-your-area/>**

**Follow this link to find out what Information, Advice and Support services do:**

**<https://cyp.iassnetwork.org.uk/>**

**This booklet has been written by Amy, a member of the FLARE advisory group. Amy wanted to create something helpful for herself and other young people to prepare for their review meetings.**



# Thoughts template

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What is going well at school?

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What is not going well at school?

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What would be useful to have at school that you don't have now? \_\_\_\_\_

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What are your goals/ambitions for the next 5 years?

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