

Some children and young people might need extra help in school, college or training. To find out if you need extra support, you might have an Education, Health and Care needs assessment. This guide explains more about the assessment which is often called an EHC needs assessment.

## **What is an EHC needs assessment?**

It is a careful look at what you might need help with. Lots of people think about what you might need and then write reports.

## **Who might need an EHC needs assessment?**

You might need an EHC needs assessment if you have special educational needs, it is before your 25th birthday, and your school or college may not be able to give you all of the support you need.

## **What happens in an EHC needs assessment?**

In Milton Keynes the SEN Team decides which young people need an Education Health and Care plan. To help them decide they will ask you what you can do on your own and what you might need extra help with. They will also ask the people that help and support you in your learning to think about what you might need and then write a report about it.

They may ask:

- Your school or college.
- People that support you, including your parents or carers.
- An educational psychologist. This is someone who knows lots about how people learn.
- Your doctor and therapist if you have one.
- Your social worker if you have one.
- Any other people you want to write reports to explain your needs.

It is important that YOU are involved in making decisions about your future. You might be asked to fill in 'This is me' or 'All about me' to tell people what you think about school and college and how you feel about it. You can also say what you would like to do in the future. You can use other methods to tell people your view such as video, drawing, using plain paper.

## **What happens at the end of the EHC need assessment?**

Once the SEN Team have all the information and reports they need they will decide if you need an EHC plan. They may say that you don't need an EHC plan. If you do not agree then you can say so. They may say you do need an

EHC plan, but when you get the plan you don't agree with what is written. If you do not agree then you can say so.

### **How do I get an EHC needs assessment?**

You can ask the SEN Team for an EHC needs assessment if it is before your 25th birthday and you think you might need one.

Other people can ask for you including:

- Your parents or carers
- Your school
- People who work with you, like doctors or teachers
- SENDIAS can support you to ask for one

#### **You can contact MK SENDIAS Service:**

- By completing a [referral form](#)
- Via our [website](#) for lots of useful information and factsheets
- To discuss your concerns by **phone** on 01908 254518
- By [email](#), briefly outlining your concerns
- On [Facebook](#)