

This information is about the support that is available for young people with special educational needs (SEN) to access work.

Support to find work

If you're not sure what type of work you'd like or want to find out more about a certain career, these people are here to help:

Careers Advisers

If you're aged 13-19 and you have a learning difficulty and/or disability, your school must offer you face-to-face careers guidance. Contact your school or college and ask to speak to the careers adviser.

The National Careers Service

The National Careers Service provides confidential and impartial advice to help you make decisions about training and work.

If you're aged 13-18 you can phone them, email them a question or use their webchat service.

If you're aged 19 or over and you have a disability, learning difficulty or health condition, you can also get at least three sessions of face-to-face advice.

Call the National Careers Service on Tel 0800 100 900 to make an appointment with a local adviser.

Disability Employment Advisers

Disability Employment Advisers can advise you on job seeking, training and new skills, and government schemes. They can also tell you about disability-friendly employers in your area.

[Contact Jobcentre Plus](#) and ask to speak to a Disability Employment Adviser.

Mencap

[Employ Me](#) is Mencap's own employment programme. It has been designed to help people with a learning disability to learn new skills and to find work.

Support to stay in work

Once you have a job, there is support available to help you stay in work.

Reasonable adjustments in the workplace

If you have a disability, then employers have a legal duty to make reasonable

adjustments. Employers should make reasonable adjustments to help you attend interviews and carry out your job.

Access to Work

When you get a job, Access to Work can also provide you with money to pay for things like specialist equipment and services to help you stay in work. If you need communication support, such as an interpreter at an interview, you might also be able to get an Access to Work grant for this. Find out more about Access to Work on the [GOV.UK website](#). You can also ask a Disability Employment Adviser at the Jobcentre for help to apply.

Disability Rights UK

This is a charity run by and for people with disabilities and health conditions. Their website has a number of [work-related factsheets and guides](#).

The Money Advice Service

The Money Advice Service provides [a summary of the legal rights of disabled workers](#) as well as [help to find work](#).

Scope

Scope can help you to find and keep a job. They offer pre-employment support, job matching and in-work support for working-aged disabled people.

Remploy

This is an organisation that can support people with disabilities or health issues and help them to prepare for, find and move into a new job, as well as support if you already have a job.

Leonard Cheshire Disability

This is a charity supporting disabled people in the UK to fulfil their potential and live the lives they choose. They provide training to improve skills and support disabled people into employment.

What help is there in Milton Keynes?

There is information about who might be able to help you on the SENDIAS website. Go to the [Young Person/Employment](#) section of the website: www.mksendias.org.uk